



## Promoting Leadership through Human Happiness

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### Abstract

*Happiness is a state of mind. It is a pleasant emotion made of love, inner peace, joy, contentment and fulfillment. How happy can we are depends on how we choose to act and think? It is an art that can be cultivated by focusing on small things in life which are often ignored, but carry a lot of meaning. We all strive and spend our entire lives for achieving success, money, career and wealth in order to achieve happiness. We keep on striving without awarding the seeds of happiness - health, relationships, peace of mind, gratitude, kindness, love, faith and so forth. We need to be aware, we need to choose happiness! Leadership is a process by which a person influences others to accomplish an objective and directs the organization in a way that makes it more cohesive and coherent. Leaders carry out this process by applying their leadership attributes, such as beliefs, values, ethics, character, knowledge, and skills. Leadership plays an important part in the success of any organization. In the absence of effective leadership, no organization can work efficiently. An organization is created with the purpose of achieving certain objectives, purposes with the prime aim of achieving through a human group and their level of happiness.*

**Keywords:** Happiness, Leadership, Leadership attributes, Organizational goals, Gratitude.

### References

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